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## WHAT IS A GERIATRIC CARE MANAGER?

At **RALEIGH GERIATRIC CARE MANAGEMENT**, the service provider is a Masters level Social Worker who helps solve older people's problems.

The GCM specializes in serving adults ages 65 and older and offers very personalized services. With a caring and positive attitude, the care manager responds to the client's needs at the convenience of the client and provides that "old fashioned" good service that many older adults remember nostalgically.

Additionally, the GCM delivers the high quality service that baby boomers have come to expect to assist them with the problems of older family members.



## BENEFITS OF CARE MANAGEMENT

- \* Provides assistance to long distance care givers.
- \* Relieves stress of the "sandwich generation" who attempt to care for both their aging parents and young children.
- \* Increases the quality of the aging person's life when the GCM recommends and renders needed services.
- \* Offers assurance and peace of mind for the adult children of the older individual.
- \* Care Manager accessibility is 24 hours a day, 7 days a week

## WHAT IS A GERIATRIC ASSESSMENT?

The geriatric care manager will conduct an assessment, a comprehensive evaluation designed to optimize an older person's ability to enjoy good health, improve their overall quality of life, reduce the need for hospitalization and/or institutionalization, and enable them to live independently for as long as possible.

**The GCM conducts a thorough assessment of the following to determine appropriate care planning:**

- Financial and legal status
- Medical and physical health
- Medication management
- Mini Mental Status Exam
- Nutrition Assessment
- Home Safety Assessment
- Fall Risk Assessment
- Depression Screening
- Family Assessment
- Examination of ADLs and IADLs (ability to bath, dress, feed self, shop, drive, etc.)
- Social network and living arrangements

Upon completion of the assessment, the Geriatric Care Manager creates and develops an individualized care plan with specific recommendations regarding resources needed to provide the necessary support services. The GCM monitors the care plan and makes appropriate modifications as needed.

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